

Mr R. Scott Boots  
5209 N. Wayne Avenue #R  
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USA

11<sup>th</sup> October 2011

I write regarding 'The session presented by R. Scott Boots, founder and Director of Health Cares Exchange Initiative, Inc.'

The mission of Crossroads Orkney is to improve the quality of life for carers and those for whom they care by giving information, emotional support and practical help. We have a drop in carers centre where carers can access information, advice, advocacy, training and emotional support, we also run a respite scheme where we put in a trained care attendant to allow the carers to have some time off.

Orkney has a population of 20,000 spread over the mainland and a number of smaller islands. There are approximately 1800 unpaid carers looking after a relative or friend. It is essential these carers have support to be able to carry on their caring role. Carers can feel isolated and alone and it can be difficult for them to do simple things like the shopping or attending appointments. We help all age groups with all types of disabilities. We also have a young carers support worker who support

The seminar delivered by R. Scott Boots was well attended and the evaluation sheets were full of positive comments. We could have listened to him all day as his skills at presenting are second to none. The contents were very relevant and thought provoking.

We would be very happy to work with Scott again in the future.

Yours sincerely

Olivia Tait



Manager

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